

High School Health & Weight Training Classes Supply List 2025-2026

Girls Health

- ✎ Three-ring binder
- ✎ 2 composition books or spiral notebooks for home-work
- ✎ Spiral bound notebook for notes
- ✎ Colored pencils
- ✎ Sharpie (any color)
- ✎ Highlighters (3 colors)
- ✎ Three-ring pencil pouch
- ✎ Pencil/pen (blue or black)
- ✎ PE uniform (purchased from school for \$35)

Boys Health

- ✎ Notebook
- ✎ Pens/pencils
- ✎ Gym uniform (\$35, purchased at beginning of school year)
- ✎ Folder
- ✎ Loose leaf paper
- ✎ Flash Cards

Weight Training

- ✎ PE Uniform (purchased from school for \$35)
- ✎ Additional supplies may be needed